



**APPS UK**  
*Advancing health, changing lives*

**ASSOCIATION OF PAKISTANI PHYSICIANS & SURGEONS UK**

# **ANNUAL REVIEW**

## **2025–2026**

**Building Partnerships • Advancing Healthcare • Serving Communities**

**[www.appsuk.org](http://www.appsuk.org)**

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## PRESIDENT'S MESSAGE

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The past year has been one of the most productive in the recent history of APPS UK. Since assuming office in April 2025, the new cabinet has focused on strengthening professional standards, expanding international partnerships, supporting members, promoting education, enhancing charitable work and building stronger relationships with partner organisations.

This Annual Review reflects not only our activities but also our values - professional excellence, collaboration, compassion and public service. While much has been achieved, we remain ambitious and look forward to building an even stronger APPS UK.

**Prof Aamer Sarfraz**

President

## CABINET

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**DR RASHID RIAZ  
(GENERAL SECRETARY)**



**DR SAIMA NIAZ  
(SOCIAL SECRETARY)**



**DR FAISAL RANA (TREASURER)**

## BUILDING INTERNATIONAL PARTNERSHIPS

During 2025–2026, APPS UK significantly expanded its international engagement. The President visited Pakistan, meeting top leadership, senior healthcare leaders, Health Ministers and Health Secretaries to strengthen cooperation in healthcare, education and cultural initiatives. Landmark Memoranda of Understanding were signed with Akhuwat Foundation and Faisalabad Medical University, while discussions also progressed on Manchester & Lyallpur museums collaboration and heritage projects. Dr Sohail Chugatai, executive member, continued to extend his expertise in medical IT & AI, collecting accolades in the UK and internationally.



## PROFESSIONAL DEVELOPMENT

Professional training and education remain one of the defining pillars of APPS UK. During 2025–2026, the Association organised webinars on Obesity, Medical Leadership and International Medical Graduates alongside regular CPD activities and GP educational meetings. These initiatives demonstrate APPS UK's commitment to lifelong learning and professional excellence.

**WOODLANDS MEDICAL PRACTICE**

HEALTH AND EDUCATION

**SPINE DISORDERS IN PRIMARY CARE**

Friday, 31st January 2025  
1200 onwards

Miss Fiona Butcher  
Practice Manager

**GUEST SPEAKER**  
Mr Shafiq Dherija  
Consultant Spine & Neurosurgery  
Salford Royal Hospital

**DR ZAMMAD CHISHTI**  
Lead GP (MRCGP, MRCPGP)

**Dr Muhammad Ali**  
MRCGP, Associate GP



**JOINT CONFERENCE**  
**UKDHC & PSIM**

**INTERNAL MEDICINE MEETS DIGITAL HEALTH**

Clinical Excellence, Innovation and Global Collaboration

- Uniting physicians, digital health leaders and innovators from the UK and Pakistan
- Advancing internal medicine through digital innovation
- Improving outcomes, access, efficiency and professional practice

**GUEST OF HONOUR & KEYNOTE SPEAKER**  
Dr Mumtaz Patel  
President  
Royal College of Physicians (RCP)

**22 JUNE 2026**  
MONDAY

**09:00 – 17:00**  
(BST)

**ROYAL COLLEGE OF PHYSICIANS**  
LONDON, UK

**Conference Organizers**  
UKDHC  
PSIM

**Conference Venue**  
RCP-London  
Royal College of Physicians

**Conference Sponsors**  
VMLP-AI HEALTHCARE  
Whetstone Healthcare

**Conference Topics**

- Virtual Global Hospital
- AI in Electronic Medical Records
- AI in Healthcare & Medical Education
- From Human to Augmented Intelligence
- AI Coding Agents in Healthcare software
- AI, Responsibility & Clinical Accountability
- Antimicrobial Stewardship in the Age of AI
- What AI Can and Cannot Yet Do in Healthcare
- Insurance Implications of AI in Clinical Practice
- Preparing Clinical Teams for the AI-Powered Patient
- Is using AI in Day-to-Day Clinical Decision-Making justifiable?

**We welcome you at our conference.**

Conference Chair: Dr Sahali Chughral (UKDHC)  
Conference Co-Chair: Dr Venika Iqbal (PSIM)  
UKDHC Chairman: Prof Angus Wallace  
PSIM President: Prof Atfal Mohsin  
UKDHC CEO: Mr David J Wright

Email: [admin@ukdhc.org](mailto:admin@ukdhc.org)  
Web: <https://ukdhc.org/events/rp-ai-conference>

**Our Conference Supporters:**

TELEHEALTH MEDICINE  
SOPE society of physician entrepreneurs  
AATBP  
patientory  
APPS UK



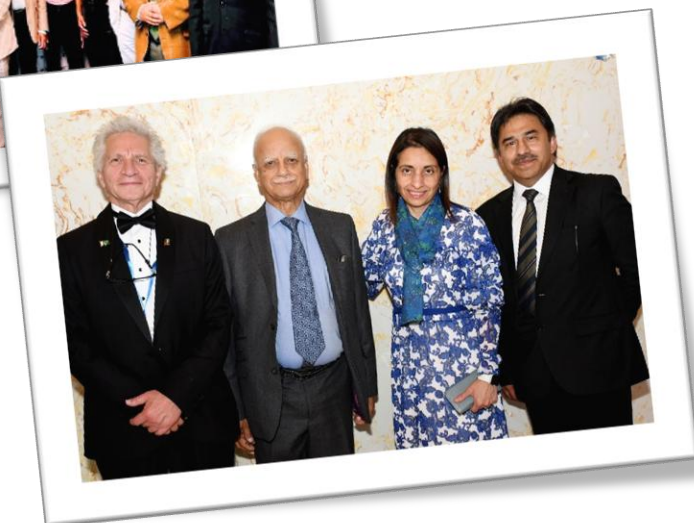
## LEADERSHIP & PROFESSIONAL RECOGNITION

APPS UK continues to provide leadership across the NHS, Royal Colleges and international organisations. Dr Saima Niaz was elected Chair of the RCPsych's Transcultural Psychiatry Special Interest Group. Dr Irfan Rashid (Chairman AIMCA) became Secretary of British Pakistani Society of GPs, Dr Rashid Riaz was recognised for humanitarian service, and Dr Faisal Rana continued to support educational and charitable initiatives at home and abroad, while Dr Abdul Hafiz MBE (CEO APPS UK) strengthened our engagement with the GMC.



## ADVOCACY & PUBLIC AFFAIRS

Throughout the year APPS UK continued to provide an evidence-informed professional voice on issues affecting healthcare professionals and the wider community, including peace advocacy, international medical graduates, community cohesion and NHS workforce matters.



## WORKING TOGETHER

Strengthening collaboration has been a defining priority of the current leadership. APPS UK has expanded collaboration with APPNE, BAPIO and other local and diaspora organisations through joint meetings, educational webinars and cultural initiatives. Dr Shahid Sharif (Chair RCS), ex. chair & current executive, has led on event management including our cricket matches.



## APPS UK FOUNDATION

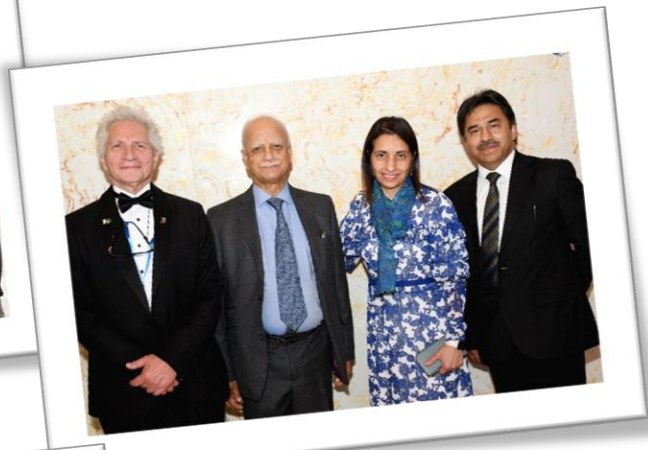
The charitable work of our APPS UK Foundation continues to transform lives through humanitarian and healthcare initiatives. Under the leadership of former Chairman Dr Muhammad Iqbal and former President Dr Usman Khan, supported by Dr Yasmeen Hasnain, Dr Saima Rauf and colleagues, the Foundation has expanded its impact through Mobile Health Units, Vision and Cataract Clinics, Food4Orphans, Food Carts and other community outreach programmes. Regular fundraising events continue to strengthen these initiatives and demonstrate the commitment of APPS UK members to compassionate service.



## ANNUAL GALA DINNERS

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The Annual Gala Dinner is one of the highlights of the year; celebrating excellence, leadership and service within the British Pakistani medical community. The last event, led by former President & Chair, Dr Usman Khan and Dr Ayaz Asghar, honoured distinguished guests and recognised outstanding achievements, including the historic female presidency of Dr Mumtaz Patel at the Royal College of Physicians.



## LOOKING AHEAD

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The achievements highlighted briefly throughout this Annual Review demonstrate what can be accomplished through collaboration, professionalism and shared purpose. APPS UK remains committed to advancing medical education, strengthening international partnerships, supporting charitable initiatives and representing healthcare professionals across the United Kingdom. We thank our BOG, Council, members, volunteers, partners and supporters for their continued dedication, and look forward with confidence to another year of service, innovation and excellence.

